

Ben Atherton-Zeman

Spokesperson

National Organization for Men Against Sexism

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Ben is a spokesperson for the National Organization for Men Against Sexism (www.nomas.org) and is a public speaker on issues of violence prevention. He has given presentations in 36 states, Canada, China and the Czech Republic. Ben has spoken at colleges, high schools, public theatres, conferences, houses of worship and juvenile detention facilities. For the past fifteen years, Ben has worked as a prevention educator for rape crisis centers, domestic violence programs, and state coalitions. He is a board member the Sudbury/Wayland/Lincoln Domestic Violence Roundtable and an advisory board member for the White Ribbon Campaign in the United Kingdom.

Ben has received recognition and praise for his work to end men's violence against women, sexism, homophobia, racism and other forms of oppression. However, right-wing so-called "men's rights" groups have been less enthusiastic. On their web page, the group Fathers for Life accuses Ben of "spouting all the absurdities of radical feminist propaganda," which he freely admits, and accuses him of being "backed by powerful antifamily business and political profiteers...lawyers and politicians' bank accounts..." which he wishes were true.

Ben began his activist career at age nineteen in 1986 by walking 3700 miles across the United States on the Great Peace March for Global Nuclear Disarmament. He organized and walked on two 300 Mile Walks Against Violence Against Women in his home state of Massachusetts. Ben identifies as a "recovering sexist" and believes every man must challenge violence and sexism in the world and in themselves. He met and fell in love with his incredible wife, Lucinda, seven years ago while they were both doing improvisational comedy in Maine. They live in Acton, MA and have no children except themselves.

For information about Ben's one-man play, "Voices of Men," please go to www.voicesofmen.org.

